WEEK ONE TERM 1—2023

Catering Industries
AUSTRALIAN OWNED TO SERVE AUSTRALIA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CONTINENTAL	Selection of cereals, white, wholemeal, multi-grain, raisin bread, crumpets and muffins, a selection of spreads, fresh fruit, Porridge, Danishes and a selection of juices, or Tea						
BREAKFAST HOT OFFERING	Fried Eggs & Hash Browns	Scrambled Eggs w/ Baked Beans	Poached Eggs w/ Cheesy Tomatoes	Eggs w/ Chipolata Sausages	Fried Eggs w/ Bacon	Eggs w/ Mushrooms	Eggs w/ Spaghetti
RECESS	Muesli Bars Or Dips & Jatz Crackers	Pikelets with Jam & Cream	Choc Chip Banana Bread or/ Sliced Watermelon	Cheese & Bacon Or Vegemite Scrolls	Raspberry & White Choc Muffins	Vegetarian Spring rolls	Party Pies with Sauce
LUNCH	AVAILABLE DAILY: Fresh Fruits, Dips & Vegetables						
LUNCH HOT OFFERING	Penne Pasta with Basil Napolitana	Sandwich Bar	Calamari & Chips with Lemon and Tartare	Sandwich Bar	Chicken Schnitzel Burger	Sandwich Bar	Sandwich Bar
AFTERNOON TEA	AVAILABLE DAILY: A variety of snack food items, bakery items, sandwiches, fresh fruit and beverages						
DINNER	Chicken Parmigiana	Traditional Homemade Beef Lasagne	Lamb Massaman Curry	Nachos w/ Guacamole, Sour Cream, Lettuce & Salsa	Chef Special Pasta with Sauce Garlic Bread Salad Jelly	Roast Pork with Crackling w/Apple Sauce	Thai Red Chicken
VEGETABLES	Potato Bake Steamed Beans & Carrots	Peas	Roti Bread / Rice Steamed Broccolini	Make your own Mixed Salad		Pumpkin, Roast Potato Cauliflower Mornay	Basil Rice Steamed Broad Beans
PASTA OF THE DAY	N/A	Garlic Bread	N/A	N/A		N/A	N/A
VEGETARIAN	Grilled Halloumi Vegetable Stacks	Pumpkin & Spinach Lasagne	Vegetarian Nasi Goreng	Bean and Chilli Nachos		Vegetable Tagine	Vegetarian Curry
DESSERT	Chocolate Pudding with Ice cream	Homemade Tiramisu	Fresh Fruit Salad	Mango Cheesecake Cups		Ice Cream with Toppings	Fresh Fruit Salad

WEEK TWO TERM 1– 2023

Catering Industries
AUSTRALIAN OWNED TO SERVE AUSTRALIA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CONTINENTAL	Selection of cereals, white, wholemeal, multi-grain, raisin bread, crumpets and muffins, Mixed Danishes, a selection of spreads, fresh fruit and Porridge and a selection of juices and teas						
BREAKFAST HOT OFFERING	Eggs w/ Hash Browns	Toasted Waffles w/ Maple Syrup	Poached Eggs w/ Grilled Halloumi & Bacon	Eggs w/ Spaghetti	Fried Eggs w/ Mushrooms	Eggs w/ Baked Beans	BIG BREAKFAST Eggs, Bacon, & Hash Brown
RECESS	Cheese & Spinach Triangles	Make your Own Sao's w/ Ham, Cheese & Tomato	Scones with Jam and Cream	Open Hawaiian Turkish Pizzas	Cheese & Jatz's Frozen Watermelon	Caramel Slice	Cheese Croissants
LUNCH	AVAILABLE DAILY: Fresh Fruits , Dips & Vegetables or Jatz's						
LUNCH HOT OFFERING	Chicken Singapore Noodles	Sandwich Bar	Cheesy Spinach Pesto Flat Breads	Sandwich Bar	Make your Own BLT	Sandwich Bar	Sandwich Bar
AFTERNOON TEA	AVAILABLE DAILY: A variety of snack food items, bakery items, sandwiches, fresh fruit and beverages						
DINNER	Beef Brioche Burgers & Onion	Roast Lamb with Mint Jelly	Beef Meatballs with Napolitana	Chicken Schnitzel with Gravy	Meat Pies	Butter Chicken	Pulled Pork Soft Tacos
VEGETABLES	Wedges with Sour Cream	Potato Bake Broccoli Cauliflower	Spaghetti Mixed Vegetables	Potato Mash /Pumpkin and Peas	Steamed Peas Chips Gravy	Jasmine Rice Steamed Broccoli	Iceberg lettuce , Salsa Guacamole , Grated Cheese Mixed Salad
	N/A	N/A	N/A	N/A	Vegetable Pastie	N/A	N/A
VEGETARIAN	Vegetarian Burger	Zucchini & Goats Cheese Fritter	Mushroom & Thyme Risotto	Broccoli & Quinoa Cakes		Pumpkin/Chickpea & Potato Curry	Vegetarian Bean Soft Tacos
DESSERT	Chocolate Mousse	Sticky Date Pudding with Butterscotch sauce & Ice Cream	Jelly	Fresh Fruit Salad with Yoghurt	Cyclones	Peaches & Cream	Pannacotta with Berries

WEEK THREE TERM 1 –2023

Catering Industries
AUSTRALIAN OWNED TO SERVE AUSTRALIA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CONTINENTAL	Selection of cereals, white, wholemeal, multi-grain, raisin bread, crumpets and muffins, Mixed Danishes a selection of spreads, fresh fruit and Porridge and a selection of juices, and teas						
BREAKFAST HOT OFFERING	Scrambled Eggs w/ Bacon	Fried Eggs w/ Baked Beans	Canadian Pancakes with Maple Syrup	Eggs w/ Cheese and Herb Toma-toes	Poached Eggs w/ Sausages	Eggs w/ Hash Browns	Eggs w/ Spaghetti
Recess	Cheese, Biscuits & Rice Cakes	Chocolate Milkshake w/ Biscuits	Fruit Salad	Cinnamon Donuts	Fairy Bread	Mixed Danishes	Ham & Cheese Toasties
LUNCH	AVAILABLE DAILY: Fresh Fruits, Dips & Vegetables or Jatz's						
LUNCH HOT OFFERING	Vegetarian Egg Fried Rice	Sandwich Bar	Make your own Chicken Quesadillas	Sandwich Bar	Spaghetti Bolognaise	Sandwich Bar	Sandwich Bar
AFTERNOON TEA	AVAILABLE DAILY: A variety of snack food items, bakery items, sandwiches, fresh fruit and beverages						
DINNER	Greek Beef Souvlaki Kebabs	THEME NIGHT	Pork Schnitzel with Gravy	Slow Roasted Marinated Lamb Shoulder	Chicken Nuggets	Beef Stroganoff	Chicken Tikka
VEGETABLES	Greek Salad Pita Bread Condiments—Tazi tiki, Hummus		Creamy Mash Potato Steamed Spinach	Buttered Peas Honey Roasted Carrots Roast Potato	Wedges w/ Sour Cream and Sweet Chilli Caesar Salad	Mash Potato Steamed Beans	Jasmine Rice Vegetable Panache
VEGETARIAN	N/A Brown Rice Stuffed Mushrooms		Mushroom & Chickpea Hotpot	N/A Roast Vegetable Tart	Crumbed Parmesan Mushrooms Chocolate Bavarian	N/A Baked Mediterranean Vegetables	Vegetarian Orzo
DESSERT	Mini Pavlovas w/ Milo & Salted Caramel Sauce		Jelly & Cream	Butterscotch Pudding with Ice Cream		Fresh Fruit salad	Chocolate Brownie with Ice Cream

WEEK FOUR TERM 1– 2023

Catering Industries
AUSTRALIAN OWNED TO SERVE AUSTRALIA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST CONTINENTAL	Selection of cereals, white, wholemeal, multi-grain, raisin bread, crumpets and muffins mixed Danishes , a selection of spreads, fresh fruit and Porridge and a selection of juices, and teas						
BREAKFAST HOT OFFERING	Poached Eggs w/ Bacon	Fried Eggs w/ Hash Browns	Poached Eggs w/ Cheesy Tomatoes	Scrambled Eggs w/ Grilled Mushrooms	Poached Eggs w/ Chipolatas	Eggs w/ Bacon	BIG BREAKFAST Eggs, Bacon & Hash Browns
RECESS	Savoury Croissant's	Homemade Chocolate Brownie	Homemade Sausage rolls w/ sauce	Vegetarian Spring rolls	Cheese & Jatz Biscuits	Anzac Cookies	Fruit Salad with Yoghurt
LUNCH							
LUNCH HOT OFFERING	Baked Potatoes w/ Sour Cream, Cheese, Chives & Meat Topping	Sandwich Bar	Make your own Lebanese Beef Kebabs with Garlic Sauce and Tabouli	Sandwich Bar	Honey Soy Chicken Drumettes w/ Rice	Sandwich Bar	Sandwich Bar
AFTERNOON TEA	AVAILABLE DAILY: A variety of snack food items, bakery items, sandwiches, fresh fruit and beverages						
DINNER	Butter Chicken w/ Pappadums	Corned Beef with Parsley White Sauce	Honey /Soy Grilled Salmon	Roast Turkey w/ Cranberry Sauce & Gravy	PIZZA NIGHT	Curry Sausages	Pork Noodle Stir Fry
VEGETABLES	Rice Pilaf Mixed Vegetables	Steamed Broccoli Baked Pumpkin Mash Potato	Make your own Poke Bowl Salad	Crispy Potatoes Corn on the cob Broccoli	Ham and Pineapple Meat lovers Margarita Garlic Bread Assorted Salads	Mash potato Peas	Hokkien Noodles
PASTA OF THE DAY	N/A	N/A	N/A	N/A		N/A	N/A
VEGETARIAN	Spinach & Chickpea Curry	Corn & Herb Quiche	Vegetarian Poke Bowl	Mediterranean Pearl Cous Cous		Vegetable Filo	Soy Vegetable Stir fry Noodles
DESSERT	Cold Rock Ice cream	Fresh Fruit Salad	Iced Vovo Ice cream	Strawberry & Custard Tarts	Chocolate mousse	Neapolitan Ice Cream Cones	Jelly