

IGSA Sport Twilight Athletics Competition 2023

MEET 2 - Friday 28 July 2023

ES Marks Athletics Centre, Kensington

Officials: IGSA Director of Sport – Matt Mulroney

IGSA Sport Athletics Conveners – Kath Sambell (Kambala) & Katie Edwards (Pymble Ladies' College)

AGE GROUPS

Senior – 17 years to 19 years

Intermediate – 16 years and Under

Junior – 14 years and Under

PROGRAM

Warm up 4.30 pm to 5 pm

Track Order	Field Order	Field Location
800m – 12, 13, 14, 15, 16, 17, 18 Yrs (5 pm start)	Junior Javelin (5 pm start) Includes 12 & 13 years 400g for CIS	Arc 2
Hurdles - 12 & 13 yrs (80m)	Senior High Jump (5 pm start)	Stand 1
Hurdles - 14 & 15 yrs (90m)	Senior & Para Athlete Discus (5 pm start)	Discus cage
Hurdles - 16, 17 & 18yrs (100m)	Intermediate Javelin (5 pm start)	Arc 1
100m -12, 13, 14, 15, 16, 17, 18 yrs	Intermediate High Jump (5 pm start)	Stand 2
100m - Multiclass	Junior Shot Put (5 pm start)	12's & 13's – Left circle 14's – Right circle
1500m - Junior, Inter, Senior	Junior Long Jump (5 pm start)	12's & 13's – Pit 1 14's – Pit 2
Relays - Junior, Inter, Senior	Senior & Para Athlete Long Jump	Pit 1
200m - 12, 13, 14, 15, 16,17, 18 yrs	Junior High Jump	12's & 13's – Stand 1 14's – Stand 2
200m - Multiclass	Senior Shot Put	Right circle
400m - Junior, Intermediate, Senior	Intermediate Long Jump	Pit 2
	Senior Javelin Includes 17 years 500g for CIS	Arc 2
	Junior Discus	Discus cage
	Intermediate & Para Athlete Shot Put	Left circle

Track and Field run concurrently

Arc 1, Stand 1, Pit 1 – located Kensington/finish line end of stadium

Arc 2, Stand 2, Pit 2 – located City end of stadium

Shot put circles are located side by side at the City end of the stadium

DUTY MEET 2	SCHOOL	LOCATION	Number of Staff
Starter	Brigidine		1
Marshalls	Monte & St Vincent's		2 per school
Hurdles	Frensham		
Results	Pymble & Ravenswood	Finish	1 each
Timekeepers	All races will be timed using timing gates. Schools may wish to also supply their own timekeeper.		
Shot Put	Junior (12 & 13) – MLC	Left circle	2
	Junior (14) - St Catherine's	Right circle	2
	Intermediate & Para Athlete – Wenona	Left circle	2
	Senior – Abbotsleigh	Right circle	2
Discus	Junior – Meriden	Discus cage	2
	Senior & Para Athlete – SCEGGS Darlinghurst	Discus cage	2
Javelin	Junior – St Scholastica's	Arc 2	2
	Intermediate – Roseville	Arc 1	2
	Senior – PLC Sydney	Arc 2	2
High Jump	Junior (12 & 13) – Stella Maris	Stand 1	2
	Junior (14) – Queenwood	Stand 2	2
	Intermediate – Kincoppal Rose Bay	Stand 2	2
	Senior – Ascham	Stand 1	2
Long Jump	Junior (12 & 13) – Danebank & Pymble	Pit 1	2
	Junior (14) – Loreto Kirribilli	Pit 2	2
	Intermediate – Loreto Normanhurst	Pit 2	2
	Senior & Para Athlete – Pymble	Pit 1	2
Relay Change (4 x 100m)	Abbotsleigh, Frensham, Queenwood, St Scholastica's, Stella Maris, MLC		1 per school
Front Gate	Danebank, Tara & Ravenswood		1 each